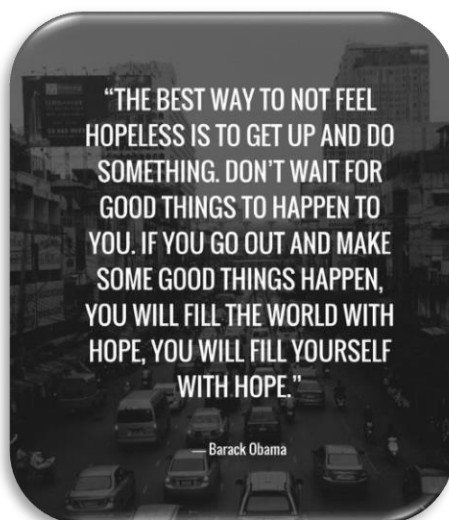




## CoLab Community Volunteer Registration Form

<b>Your Name</b>	
<b>Date</b>	

**Welcome to CoLab and thank you for applying  
to volunteer with us.**



## About CoLab

### Social Innovation through Partnership

Colab Exeter is an integrated wellbeing and innovation hub that works in collaboration with agencies across sectors to strengthen local services and achieve positive whole community outcomes around homelessness, addiction, (re)offending, and health inequality.

<https://www.colabexeter.org.uk/>

**Collectively, our work focuses on the following four themes:**

#### **RECOVERY**

Working towards sustainable, whole-person recovery from drug or alcohol dependence, or from mental ill-health

#### **BELONGING**

Supporting the homeless and vulnerably housed towards affordable and sustainable housing solutions and reconnecting people who have become socially isolated

#### **REHABILITATION**

Promoting rehabilitation into the community for those on the justice pathway

#### **WELLBEING**

Promoting health and wellbeing as a tool for informing better lifestyle choices, and improving individual resilience and recovery

*Fiona Carden*

*Director of Learning and Innovation at CoLab Exeter*

# CoLab Community Volunteer Registration Form

## Personal Details

<b>Name</b>	
<b>Address</b>	
<b>Mobile</b>	
<b>Home Phone</b>	
<b>Email</b>	
<b>Emergency contact details</b>	

### Days and times you are available to volunteer

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### Are you interested in volunteering at evening or weekend events?

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## About you

Thank you for joining the CoLab Community Volunteer Team. CoLab is an exciting place to volunteer and we would like to support you to get the most out of your time at CoLab. Volunteering offers lots of personal benefits; meeting new people, developing personal skills, training and learning, building confidence.

**In order for us to support you in the best way possible please tell us a little about what you hope to gain from volunteering at CoLab**

**There are more than 30 different projects in the CoLab community and some of these may have volunteer opportunities that may be of interest to you. In the box below can you outline what personal development goals or skills, or development aims you have. This information will help us link with possible volunteer roles across CoLab.**

**Please tell us a bit about your any work experience or volunteering you might have done in the past**

**Do you have any mental health or physical health conditions that we should know about in order to support you to volunteer with us? (incl. addiction/recovery)**

Please detail any organisations in CoLab that you are currently working with

Name and contact details	Organisation	Nature of support

Do we have permission to speak with the above with regards to your suitability of volunteering at CoLab?

Yes / No

Name.....

Sign.....

Date.....

Can you provide two character/employment references, that you are happy for us to contact, with regards to your suitability for volunteering at CoLab?

Name	Reference 1	Reference 2
Contact Address		
Contact number/ Email		
Relationship to you		

**Legal information**

Having a criminal record doesn't necessarily exclude people from volunteering – Colab is committed to encouraging Recovery, Belonging, Rehabilitation & Wellbeing.

Therefore, the following questions are asked so we can appropriately support you in your voluntary placement.

**Do you have any unspent convictions?**

**Yes/No**

**Brief details;**

**Are you on bail, Supervision Order or due to appear in court?**

**Yes/No**

**Brief details;**

**Do we have permission to contact your Probation officer, support worker or other professional with regards to your voluntary placement?**

**Yes/No**

**Contact Details;**

Exeter CVS & CoLab can offer a range of volunteer opportunities. Please tick those you might be interested in and please add your own ideas – we always welcome ideas about what more we can do at CoLab.

<b>Role or area of interest</b>	✓
Welcome Team	
Administration	
Fundraising	
Hospitality	
Learning/education	
Art (exhibitions)	
Events	
Gardening/horticulture	
Social media	
Data entry	
Telephone support	
Case study development (interviews/video/radio)	
Desk top publishing (posters/flyers)	
Coffee@CoLab	

### Suggestions/ideas for volunteer roles at CoLab

We are bringing together interested volunteers and visitors to CoLab to create a community of practice group. The group will be invited to participate in developing CoLab – to be involved in creating the future vision of CoLab and bringing ideas, constructive feedback and questions to the range of forums that exist to engage communities in the future of CoLab.

<b>What do you think?</b>	✓
I am interested in being part of the “visitor voice”	
I am not sure, can you tell me more?	
I am not interested in being part of the “visitor voice”	